

# Radisson Blu Beach Resort, Milatos Crete - Boutique Spa

## Facial Treatments

### Energy and Vitality For Men

Especially designed for men. This treatment is being used in order to energize and detoxify, plus it decreases the effects of skin fatigue. Its movements are based on Shiatsu, providing the skin with firmness and suppleness.

Duration: 50 min. 55€

### After Sun

Especially designed for dry skins which are being exposed to the sun. Ideal for both men and women. Duration: 50 min. 55€

### Pure & Delicate

This treatment will calm and soothe the sensitive skin. Duration: 50 min 55€  
It can also be accompanied by a gentle enzyme peeling and vapor which cleans the face. Duration: 80 min 75€

### Anti-Wrinkles and Expression Lines

Using the finest natural luffa seeds and purest of fruit flakes, this extraordinary treatment works against wrinkles from inside and fills in and inhibits expression lines. Suitable for any mature skin.

Duration: 50 min. 60€

### Express Facial Massage

This treatment will give skin a quick, nourishing drink with a cleansing and a facial massage. All in just 30 minutes. Suitable for every skin type.

Duration: 30 min. 45€

### Scalp Massage

A gentle massage which releases tension at the forehead and scalp areas.

Duration: 30 min 35€

### Choco face dream

A wonderful face treatment which will enhance the beauty and brilliance of your face. Duration 30 min 45€

## Body Scrubs & Wraps

### Marine Scrub

This Body Scrub abstracts the dead cells. It includes a soft massage with a taste of the sea. It will leave your skin extremely smooth and deeply hydrated. Ideal for dry skin. Duration: 30 min. 45€

### Exotic Mediterranean Scrub

Inspired by the most exotic Mediterranean areas such as Crete, Morocco, Tunisia and Egypt. A therapy with deep aromas and textures of argan, olive and grape seeds. Suitable for both men and women.

Duration: 30 min. 45€

### Exquisite Choco Scrub

Extra delicious scrub, especially for those who love chocolate. Deeply hydrating and nourishing to the skin with anti-cellulite effect that can be combined with a chocolate wrap as well. Suitable for all skin types.

Duration: 30 min. 45€

50 min. 65€

### Goodbye Cellulite Wrap

A therapy which includes a marine wrap with micronized algae and seawater. After various treatments, the body regains its balance and the toxins are naturally eliminated.

Duration: 50 min. 55€

### After Sun Aloe Vera Wrap

A marvelous body wrap with the properties of Aloe Vera and the aromas of Mint. Ideal for sunburn and tanned skin.

Duration: 50 min. 55€

### Delicious Choco Wrap

A unique chocolate body treatment for both men and women. This treatment revitalizes the body, alleviates stress and makes the skin look younger.

Duration: 30 min. 40€

## Body Treatments

### Mysterious Greece - Signature treatment

Exotic massage with one of the most valuable Greek spice: saffron. An enjoyment for its fragrance, its colour, its texture and its anti-oxidising power, which combined with exclusive massage movements carried out with a silky foulard. Duration: 50 min. 65€

### New Mommies and mothers to be sweet Massage

A therapy that envelops the skin with precious "silk", accompanied by an exotic massage that deeply hydrates your skin and provides it with a satin appearance and silky touch. Suitable for new mommies and mothers to be.

Duration: 50 min. 55€

### Aromatic Energy

Especially selected essential oils, combined with a relaxing massage technique that liberates tension, restores the senses and offers absolute tranquillity. Based on Ayurveda culture. Ideal for those who seek relaxation.

Duration: 50 min. 55€

### Therapeutic massage

Specially created to stretch and stimulate muscles, this massage uses Swedish and passive stretching techniques for the best comfort and preparation of further activities. Suitable for both men and women

Duration: 50 min. 55€

### Aloe Vera body massage

Your therapist will use a customized blend of Aloe Vera and essential oils to satisfy your needs. Ideal for those seeking an express body treatment.

Duration: 30 min 45€

### Back, neck and scalp massage

This massage truly helps to dissolve aches and strains. Medium to gentle pressing movements allied with the properties of our selected oils will release all your tensions in these areas. Suitable for men and women.

Duration: 30 min. 45€

### Aromatic candle therapy - Signature treatment

A truly unique hot oil massage! The aromatic candle therapy provides an unforgettable massage experience. Each oil is therapeutically infused with beneficial essential oil and luxurious emollients, leaving the skin silky smooth and irresistibly scented.

Duration: 50 min. 60€

### Foot Massage

A deeply relaxing and therapeutic foot technique for those who wish to decrease stress and anxiety.

Duration: 30 min. 40€

**\*For In-Room Body & Facial Treatments, kindly ask the Spa Reception at ext. 572**

*We would like to inform you that in case you cancel your spa treatment 24 hours prior your treatment, no cancellation fees shall apply. For any cancellations less than 24 hours in advance, 80% of the total price of your treatment will be automatically charged to your account.*

## Sense of beauty

Eyebrow shape 14€  
Express Manicure 25€  
Manicure spa 35€  
Gel polish Manicure 32€  
Remove gel polish 10€  
Express Pedicure 29€

Pedicure spa 39€  
Gel polish Pedicure 36€  
Half leg wax 25€  
Full leg wax 35€  
Half arm wax 20€  
Full arm wax 30€

